

MATERIAL GUIDE | CSAUNA

# Sauna Wood Materials Guide

Sauna wood selection guide comparing Nordic spruce, cedar, hemlock, thermo wood, dark finish options, bench and bench surfaces, and private-label buyer questions.

## Public Guide

For planning, RFQ, handover, and service communication

## Company

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This document supports buyer education. It does not replace the final model-specific manual, licensed installer/electrician advice, local building/electrical/fire code, or the formal Sauna quotation.



**How to use this document:** Share it with distributors, installers, builders, resort project teams, and after-sales staff before confirming product configuration, heater scope, delivery, installation, and warranty evidence.

## Why Wood Choice Matters

A sauna is a heat, humidity, touch, and odor environment. Wood affects the room appearance, surface comfort, scent, cleaning behavior, and buyer positioning.

## Nordic Spruce / Whitewood Direction

- Light color makes small rooms feel cleaner and more spacious.
- Tight, slow-grown softwood can provide a calm traditional sauna look.
- Light interior wood helps buyers see cleanliness and maintenance condition.
- Bench-touch areas still need careful material selection because knots and resin can become uncomfortable.

## Cedar Direction

- Cedar is widely recognized in North American outdoor sauna and backyard wellness markets.
- It gives a premium natural-wood story and performs well in many outdoor product lines.
- Buyers should confirm whether cedar is used for full structure, cladding, trim, bench components, or selected visible areas.

## Hemlock / Thermo / Dark Finish Direction

- Hemlock can support clean modern interiors and private-label indoor lines.
- Thermo-treated or dark-finish wood creates a modern showroom look, but heat behavior and finish maintenance must be confirmed.
- Dark exterior finishes can look premium in catalogs; ask for maintenance expectations by climate.

## RFQ Questions For Wood

- Which parts are structural wood, interior wall/ceiling, bench, backrest, floor, trim, and exterior cladding?
- Are bench-touch surfaces knot-reduced or selected for lower surface heat?
- What coating is recommended for exterior parts in the destination climate?
- Can CSauna support private-label material naming, carton marks, and care instructions?

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