

SAUNA MAINTENANCE GUIDE | CSAUNA

Sauna Maintenance and Wood Care Guide

Sauna maintenance guide for sauna benches, walls, floors, ventilation, exterior coatings, stones, glass, seasonal checks, and commercial cleaning logs. Expanded CSauna v2 public document with buyer evidence, RFQ, installation, maintenance, and cooperation details.

Public Guide

For planning, RFQ, handover, and service communication

Company

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This document supports buyer education. It does not replace the final model-specific manual, licensed installer/electrician advice, local building/electrical/fire code, or the formal CSauna quotation.



How to use this document: Share it with distributors, installers, builders, resort project teams, and after-sales staff before confirming product configuration, heater scope, delivery, installation, and warranty evidence.

The Simple Rule

Keep the sauna dry, ventilated, clean, and lightly maintained. Most long-term problems start with trapped moisture, blocked airflow, wrong chemicals, or ignored small stains.

After Each Use

- Brush benches, backrests, and floor boards with clean water or a mild sauna-safe cleaner.
- Leave the door and vents open until the room dries.
- Lift removable duckboards or floor mats so air reaches the underside.
- Do not leave wet towels, swimsuits, bottles, or cleaning tools inside the hot room.

Do Not Paint The Interior

Interior sauna wood needs to breathe. Paint, varnish, and heavy coatings can make surfaces hotter, trap odor, and release unwanted fumes when heated. Exterior surfaces may require coating depending on wood species and climate.

Weekly / Monthly Checks

- Check vents, door gap, heater guard, bench fasteners, floor boards, glass hardware, and control panel response.
- Clean glass with non-abrasive cleaner and a soft cloth.
- Lightly sand stained bench areas only when needed; avoid aggressive sanding.
- For commercial rooms, keep a cleaning log, incident log, and maintenance log.

Outdoor Sauna Seasonal Care

- Inspect roof cover, exterior stain or sealer, trim, screw caps, rain paths, base drainage, and snow load exposure.
- Reapply exterior coatings according to the coating manufacturer's schedule and destination climate.
- Check barrel bands, door alignment, and exterior gaps after major humidity changes.

Maintenance Frequency Matrix

- After each use: quick brush/wipe of benches and backrests with clean water when needed; leave door open so remaining heat can dry the room.
- Weekly or high-use schedule: check floor boards, vents, handles, bench surfaces, and any sweat-contact areas.
- Monthly: inspect heater stones, door swing, glass hardware, exterior coating condition, roof/weather surfaces, and visible fasteners.
- Seasonally: review exterior stain/coating, barrel bands if applicable, drainage around the base, and any winter/summer movement in wood.
- Annually: lightly refresh bench surfaces only if needed, replace broken stones, review spare-parts stock, and update the customer maintenance record.

Interior Wood Care Position

CSauna generally treats the sauna interior as breathable wood. Do not paint or varnish hot-room interior boards unless a model-specific, sauna-safe treatment is confirmed. Heat, humidity, sweat, and ventilation should be managed through cleaning and drying, not by sealing the whole

interior with a random finish.

- Use mild cleaning methods first; avoid harsh residues that can become unpleasant when heated.
- Do not pressure-wash the hot room.
- Do not leave wet towels, floor mats, or buckets against wood for long periods.
- If mold or unusual staining appears, document photos and review ventilation, drying habits, and cleaning method before applying chemicals.

Exterior Care Position

Outdoor sauna exterior maintenance depends on wood species, coating, climate, sunlight, rain exposure, snow load, and buyer expectations. CSauna should confirm exterior finish requirements during the project stage because unfinished exterior wood can be damaged by weather in many markets.

How CSauna Uses This Public Guide

Use this guide before quotation to align the buyer, installer, distributor, builder, and CSauna sales/support team on the same project assumptions.

For production and shipment, CSauna still confirms the final model drawing, heater specification, package list, carton marks, spare-parts plan, and after-sales path in the project file.

- For distributors: convert this guide into dealer training, showroom handover, and post-sale support notes.
- For hotels, spas, gyms, and builders: attach this guide to the project submittal so site teams understand what must be ready before installation.
- For private-label buyers: use the structure as a public customer education file while CSauna prepares private-label manuals or carton inserts separately.

Public Reference Boundary

This CSauna document was rewritten from CSauna internal sauna reference files and checked against public sauna resource patterns from brands that publish assembly manuals, installation manuals, diagrams, heater manuals, care guides, and warranty support resources. It is original CSauna buyer guidance, not a copied third-party manual.

- Electrical, heater, chimney, fire-clearance, and building-code decisions must follow the shipped product manual and local licensed professionals.
- CSauna can prepare project-specific documentation after the buyer confirms model code, quantity, destination market, heater type, control preference, packaging needs, and timeline.

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