

SAUNA MAINTENANCE GUIDE | CSAUNA

Sauna Maintenance and Wood Care Guide

Sauna maintenance guide for sauna benches, walls, floors, ventilation, exterior coatings, stones, glass, seasonal checks, and commercial cleaning logs.

Public Guide

For planning, RFQ, handover, and service communication

Company

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Version

2026-06-05

This document supports buyer education. It does not replace the final model-specific manual, licensed installer/electrician advice, local building/electrical/fire code, or the formal Sauna quotation.



How to use this document: Share it with distributors, installers, builders, resort project teams, and after-sales staff before confirming product configuration, heater scope, delivery, installation, and warranty evidence.

The Simple Rule

Keep the sauna dry, ventilated, clean, and lightly maintained. Most long-term problems start with trapped moisture, blocked airflow, wrong chemicals, or ignored small stains.

After Each Use

- Brush benches, backrests, and floor boards with clean water or a mild sauna-safe cleaner.
- Leave the door and vents open until the room dries.
- Lift removable duckboards or floor mats so air reaches the underside.
- Do not leave wet towels, swimsuits, bottles, or cleaning tools inside the hot room.

Do Not Paint The Interior

Interior sauna wood needs to breathe. Paint, varnish, and heavy coatings can make surfaces hotter, trap odor, and release unwanted fumes when heated. Exterior surfaces may require coating depending on wood species and climate.

Weekly / Monthly Checks

- Check vents, door gap, heater guard, bench fasteners, floor boards, glass hardware, and control panel response.
- Clean glass with non-abrasive cleaner and a soft cloth.
- Lightly sand stained bench areas only when needed; avoid aggressive sanding.
- For commercial rooms, keep a cleaning log, incident log, and maintenance log.

Outdoor Sauna Seasonal Care

- Inspect roof cover, exterior stain or sealer, trim, screw caps, rain paths, base drainage, and snow load exposure.
- Reapply exterior coatings according to the coating manufacturer's schedule and destination climate.
- Check barrel bands, door alignment, and exterior gaps after major humidity changes.

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